

Medi Quest BRS Hospital

A monthly News letter from BRS Hospital

A TRIBUTE TO NURSES

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Introduction:It has been widely established by now that for the ailing to become fit and healthy, not less important than diagnostics or medicine is the healing human touch that can infuse life into sick patient. As caretaker of the ailing, the professional nurses have always demonstrated sense of duty whenever the conditions so demanded. Nurses form the backbone of the health infrastructure and they are occupied in pioneering performances on an everyday basis ensuing in important developments in the physical conditions of patients, population and health systems. Their aids have been a basic foundation of development for health care organizations around the globe.

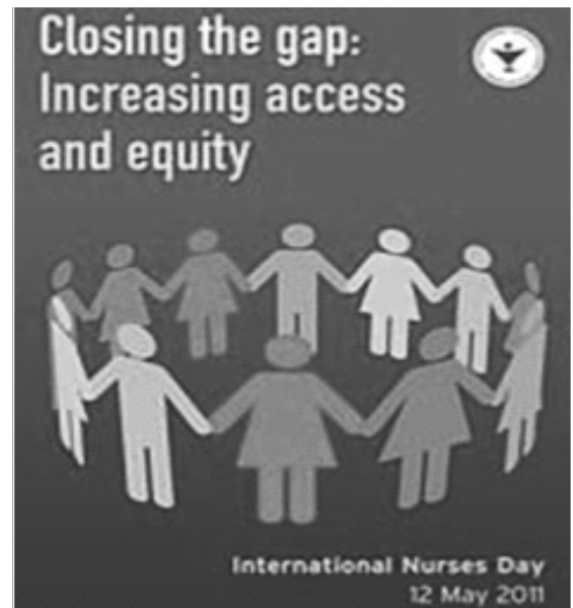


The Origin and History of Nurses Day

Even though a National Nurses' Day was first planned in 1953, it was not, until 1974 that the things actually worked out, when the International Council of Nurses stated publicly May 12 as International Nurse Day.



Theme for Nurses Day 2011



The reason that Nurses Day is observed on the 12th May every year is for the reason that this is the birth date of Florence Nightingale. She made many improvements to nursing and health care and radically cut the death rate amidst soldiers in the Crimean War as a consequence of her hard work, devotion and tuition of fellow nurses.

The theme of the International Council of Nurses for 2011 is: Closing the Gap: Increasing Access and Equity.

The main objective is to appreciate the contributions made by nurses towards building a healthy society and to provide quality health care to patients.

“Closing the Gap: Increasing Access and Equitability,” is a theme that reflects the nurses concern over the issues of poverty and how it relates to the disparate gap and distribution of diseases and illnesses all over the world. The world health fact reveals that it is the poor rather than the wealthy that suffers from the most debilitating, communicable and life-threatening diseases and illnesses.



BRS Hospital Offers an Attractive Package of Master Health Check - up

Likewise it is also a stark reality that diseases and illnesses, well-being and life expectancy vary between the poor and the wealthy, between the rural and urban population, between men and women and between the children and the elderly. (Razia, 2011)

The concern of access highlights the goal of the nursing profession to narrow and ultimately close the gap on access and equity of health and social services. Access to the nursing services is critical but access is deterred by several factors which includes, cost, proximity, language, and policies and practices.

The role of the nurses this year is to respond to the above mentioned concern on cost, proximity, language, policies and practices. (Razia, 2011). The strategies however may be contextualized depending on the situation of the community and the country, their governments, civil society and other concerned institutions.

Equity on the other hand, using Pearsall's (2002 cited by Razia 2011) definition pertains to fairness and impartiality. The equity approach implies that those who have less will be given more. The equity concern will focus the nurses' health services on the poorest of the poor who has not had any access to better health care.

“Closing the Gap: Increasing Access and Accessibility,” is a herculean task among nurses all over the world. The nurses of course can make a difference but only if their tasks co ordinate with the help of the various sectors of society

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Razia, R., 2011. 12th May International Nurses Day 2011 Theme: Closing the Gap: Increasing Access and Equity.

Royal College of Nursing Australia, n.d. International Nurses Day – 12 May 2011

Closing the Gap: Increasing Access and Equity. Pdf.



BRS Hospital Offers an Attractive Package of Well Women's Check - up

In Memory Of **Dr.R.Sumathi** DGO, MRCOG

Dr.R.Sumathi was one of the stars of BRS Hospital .She rose from the ranks from being a duty doctor to a consultant Obstetrician and Gynecologist in BRS Hospital .She was gifted professionally with good surgical skills and a calm demeanor. She married her MBBS classmate and they were blessed with a lovely son and daughter.

Professionally she started scaling greater heights, after she acquired the coveted MRCOG degree and was appointed as consultant for MARC Fertility centre in addition to her responsibilities in B.R.S Hospital. However her upward spiral was cut short by the diagnosis of Primary Pulmonary Hypertension made last year.

True Character is seen at the time of adversity.Dr.Sumathi never faltered inspite of her illness. She continued her out patient work and attended to surgeries. We always saw her with a smile and she refused to be daunted by her illness. But as the ailment took its inevitable course she had to dissociate herself from work and moved to Coimbatore where she spent her last days with her family.



20.12.1974 --- 12.05.2011

She leaves behind her devastated husband Dr.Thirugnana Sambandam (Dr.TNS to all of us), and children Nithesh and Nikhetha. Words cannot express or fill the void in their and our lives. We will always remember Dr.Sumathi for her professional diligence and attitude to life.

May Her Soul Rest In Peace.

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